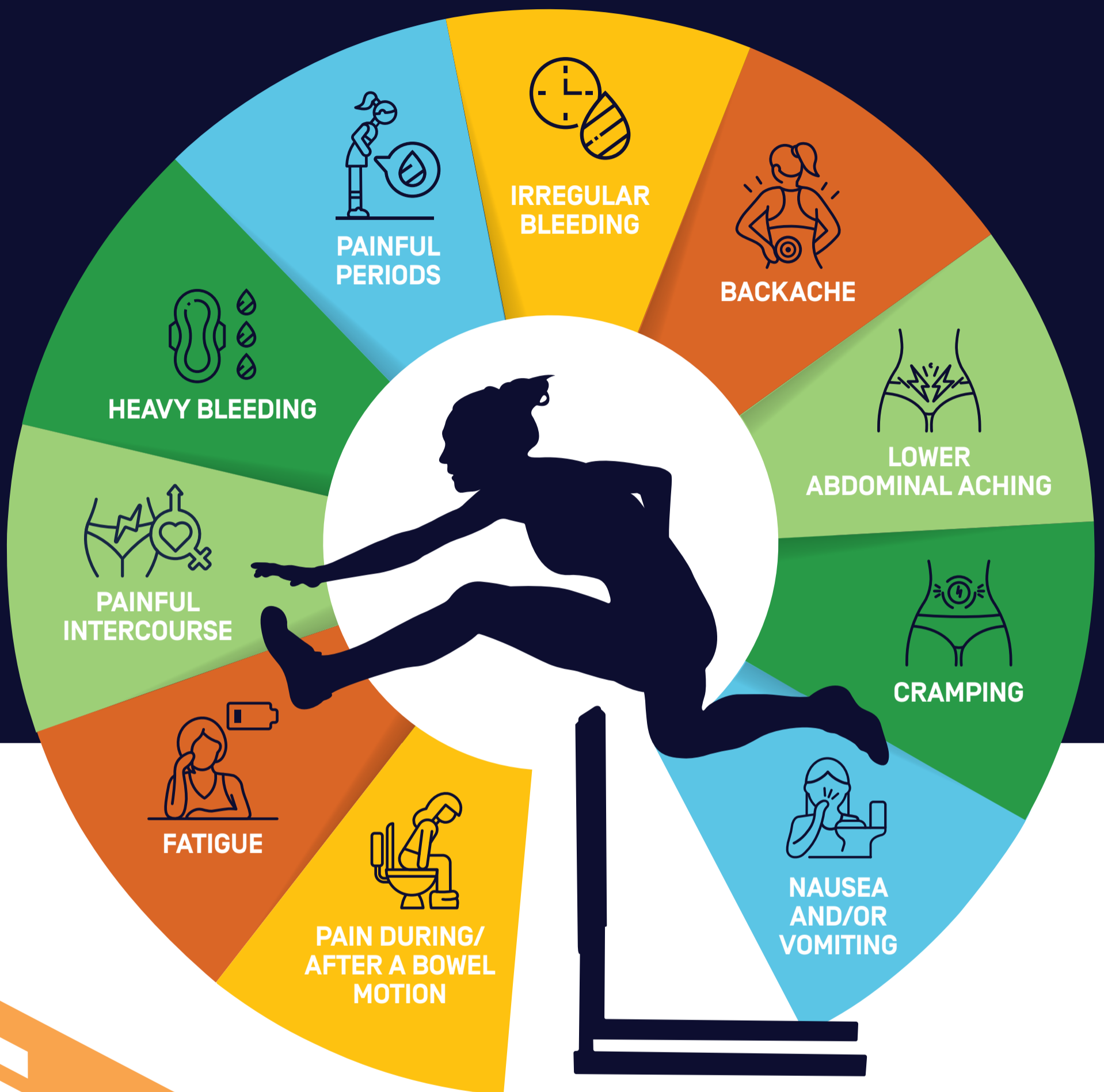


# ENDOMETRIOSIS



A certain amount of discomfort with periods may be normal; however, pain that stops you from living your everyday life or impacting your sport is not normal.

If you have repeated bouts of any of the following symptoms, you may have endometriosis.

**Speak to your sports physician or GP about a referral to a specialist gynaecologist.**



**FEMALE PERFORMANCE & HEALTH INITIATIVE**

For further information visit: [www.ais.gov.au/fphi](http://www.ais.gov.au/fphi)

