

APPLYING TO AIS INTENSIVE REHABILITATION INSTRUCTIONS FOR HIGH PERFORMANCE DIRECTORS

STEP ONE

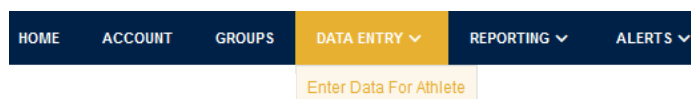
Login to the Athlete Management System (AMS).

<https://ams.ausport.gov.au/asc>

If you have any issues with login to AMS please contact ams@ausport.gov.au

STEP TWO

Select Enter Data for Athlete under Data Entry from the top menu then select the athlete you wish to apply for.



STEP THREE

Select the 'AIS Intensive Rehabilitation Application' form as the Type of Event.

AIS Intensive Rehabilitation Application

STEP FOUR

Complete the form, including attachment of relevant medical referrals, reports.

The following criteria will apply for an athlete to be considered by the AIS Intensive Rehabilitation team:

- Categorised high performance Australian athlete,
- Return to performance competition timeframe requires an intensive rehabilitation intervention,
- Sport can't provide the rehabilitation services and facilities required to support the athlete return to performance in the required timeframe, and
- Agreement to the conditions of AIS Intensive Rehabilitation.

Does the athlete meet the ARC criteria?

Yes No

The partnership between the AIS, the NSO and the athlete hinges on a spirit of collaboration. In applying to AIS Intensive Rehabilitation, all partners are expected to:

- Contribute to the discussion underpinning development of the athlete's rehabilitation plan
- Agree to the objectives of the rehabilitation plan and associated timelines
- Utilise the AMS to support communication between all partners
- Collaborate to enable a shared approach to rehabilitation, including throughout out DTE transition processes

AIS sports science sports medicine services will be provided free of charge; however, costs of external services, such as those incurred when seeing a specialist physician for imaging will be borne by the athlete and/or their NSO. Costs associated with flights, accommodation, meals and other incidentals are similarly borne by the athlete and/or their NSO.

STEP FIVE

Once completed, press Save and Close at the bottom of the form. The AIS Intensive Rehabilitation team will be in touch within 7 days.

[AIS.gov.au](https://ais.gov.au)



@theAIS #theAIS

Having trouble submitting an application? Please contact AIS Intensive Rehabilitation at IntensiveRehab@sportaus.gov.au