



# Women in High Performance Coaching

## Women coaches and pregnancy

This reference list is based on a desktop scan that provided a snapshot of policies, guidelines, and research to support the Working Groups in the development of the Women in High Performance Coaching Action Plan.

Last updated April 2023.

### Policies and guidelines

[Athletic Administration Best Practices of Recruitment, Hiring and Retention of Female Collegiate Coaches](#), LaVoi, N.M., Wasend, M.K., *Tucker Center for Research on Girls & Women in Sport, University of Minnesota*, (July 2018).

[Guide to Pregnancy and Work Policies](#), *Australasian Faculty of Occupational and Environmental Medicine*, (November 2017).

### Impact of pregnancy, motherhood, and family responsibilities

[Women coaches at top level: Looking back through the maze](#), Borrueco, Marta; Torregrossa, Miquel; Pallarès, Susana; et al., *International Journal of Sports Science and Coaching*, Volume 18(2), (April 2023).

[Uncovering stories of motherhood and coaching with story completion](#), Sharon Boswell, Francesca Cavallerio, Chapter 5 in 'Motherhood and Sport', Lucy Spowart, Kerry McGannon (eds), *Routledge*, (2022).

[Women Coaches Face Greater Professional and Personal Obstacles Than Men](#), Nicole LaVoi, *Global Sport Matters*, (9 November 2021).

[Women in Leadership in Scottish Sport](#), Ryan Brown, Paula Murray, *Observatory for Sport in Scotland*, (October 2021).

[Is the game lost in advance? Being a high-performance coach and preserving family life](#), Joncheray, Hélène; Burlot, Fabrice; Julla-Marcy, Mathilde, *International Journal of Sports Science and Coaching*, Volume 14(4), (August 2019).

[Coaching and motherhood](#), Jennifer Burening, Marlene Dixon, Christianne Eason, *Women in Sport Coaching*, Chapter 6, Nicole LaVoi (ed), *Routledge*, (2017).

[Women's basketball: Cal coaches bring motherhood to the court](#), McCauley, Janie, *NCAA News*, (6 October 2017).

[Navigating Motherhood and the Role of the Head Athletic Trainer in the Collegiate Setting](#), Mazerolle, Stephanie; Eason, Christianne, *Journal of Athletic Training*, Volume 51(7), pp.566-575, (July 2016).



A Socio-Cultural Perspective of the Work-Life Interface of College Coaches: A Cohort Analysis, Shaina Dabbs, Jeffrey Graham, Marlene Dixon, *Journal of Issues in Intercollegiate Athletics*, Volume 9, pp.262-282, (2016).

Perceptions of National Collegiate Athletic Association Division I Female Athletic Trainers on Motherhood and Work-Life Balance: Individual- and Sociocultural-Level Factors, Mazerolle, Stephanie; Eason, Christianne, *Journal of Athletic Training*, Volume 50(8), pp.854-861, (August 2015).

Pregnancy & Coaching: During Pregnancy, *Female Coaching Network*, (14 July 2015).

Coaching Fathers in Conflict: A Review of the Tensions Surrounding the Work-Family Interface, Jeff Alexander Graham, Marlene Dixon, *Journal of Sport Management*, Volume 28(4), pp.447–456, (2014).

An Interdisciplinary Approach to Examining the Working Conditions of Women Coaches, Justine Allen, Sally Shaw, *International Journal of Sports Science and Coaching*, Volume 8(1), (2013).

Female Athletic Training Students' Perceptions of Motherhood and Retention in Athletic Training, Mazerolle, Stephanie; Gavin, Kerri, *Journal of Athletic Training*, Volume 48(5), pp.678-684, (September/October 2013).

Juggling Balls and Roles, Working Mother-Coaches in Youth Sport: Beyond the Dualistic Worker-Mother Identity, Sarah Leberman, Nicole LaVoi, *Journal of Sport Management*, Volume 25(5), pp.474-488, (September 2011).

## Research from other sectors

*Examples are primarily from academia and surgery as there was assumed to be cross-over with male-dominated industries and careers that often have high workload/unusual hours.*

The Experiences of Motherhood in Female Surgeons: A Scoping Review, Mavedatnia D; Ardestani S; Zahabi S; et al., *Annals of Surgery*, Volume 277(2), pp.214-222, (February 2023).

Perspectives of US General Surgery Program Directors on Cultural and Fiscal Barriers to Maternity Leave and Postpartum Support During Surgical Training, Castillo-Angeles, Manuel; Smink, Douglas; Rangel, Erika *JAMA Surgery*, Volume 156(7), pp.647-653, (19 May 2021).

Factors Associated With Pregnancy and Perinatal Outcomes in Female Neurosurgeons: A Cross-Sectional Study, Parker, Samantha; Conner, Christopher; Mata, Douglas, et al., *Neurosurgery*, Volume 88(4), pp.884-889, (April 2021).

You Can't Have it All: On Being a Doctor Mom, Emily Gottenborg, *University of Colorado blog*, (April 2019).

Family Leave and Return-to-Work Experiences of Physician Mothers, Shannon Juengst, Alexa Royston, Isabel Huang, et al., *JAMA Network Open*, Volume 2(10), (11 October 2019).

Pregnancy and Motherhood During Surgical Training, Erika Rangel, Douglas Smink, Manuel Castillo-Angeles, et al., *JAMA Surgery*, Volume 153(7), pp.644-652, (July 2018).

Academic womanhood across career stages: a work-in-life perspective on what was, is, and could be, Maïke Philipsen, Susan Case, Angela Oetama-Paul, et al., *Community, Work and Family*, Volume 20, pp.623-644, (21 November 2017).

Challenges of Work–Life Balance for Women Physicians/Mothers Working in Leadership Positions, Claudia Schueller-Weidekamm, Alexandra Kautzky-Willer, *Gender Medicine*, Volume 9(4), pp.244-250, (August 2012).