

AIS Women's Talent Program 2019-2022



Transformational leadership programs designed to support women working in high-performance sport. Focusing on self-awareness, leadership presence and professional networking.

Organisation Information

Overview

The Australian Institute of Sport (AIS) and Sport Australia, with support from the Australian Government and Office for Women, is delivering the AIS Talent program to support women in coaching and executive roles in high performance sport.

It delivers transformational leadership skills for individuals who have potential to work as executives and coaches in the Sports System.

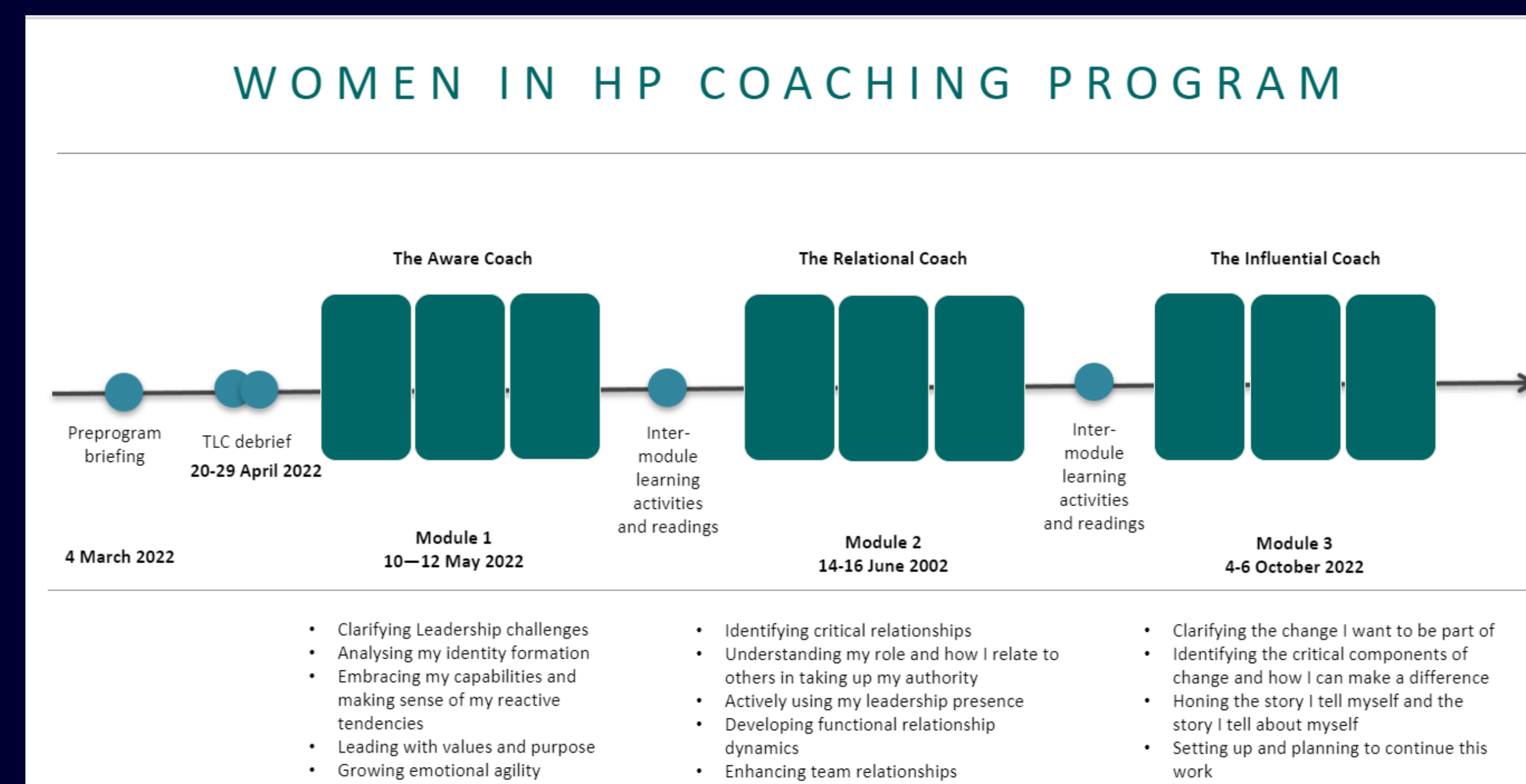
An intensive program designed to develop areas such as leadership presence, professional networking and understanding barriers.

Aims

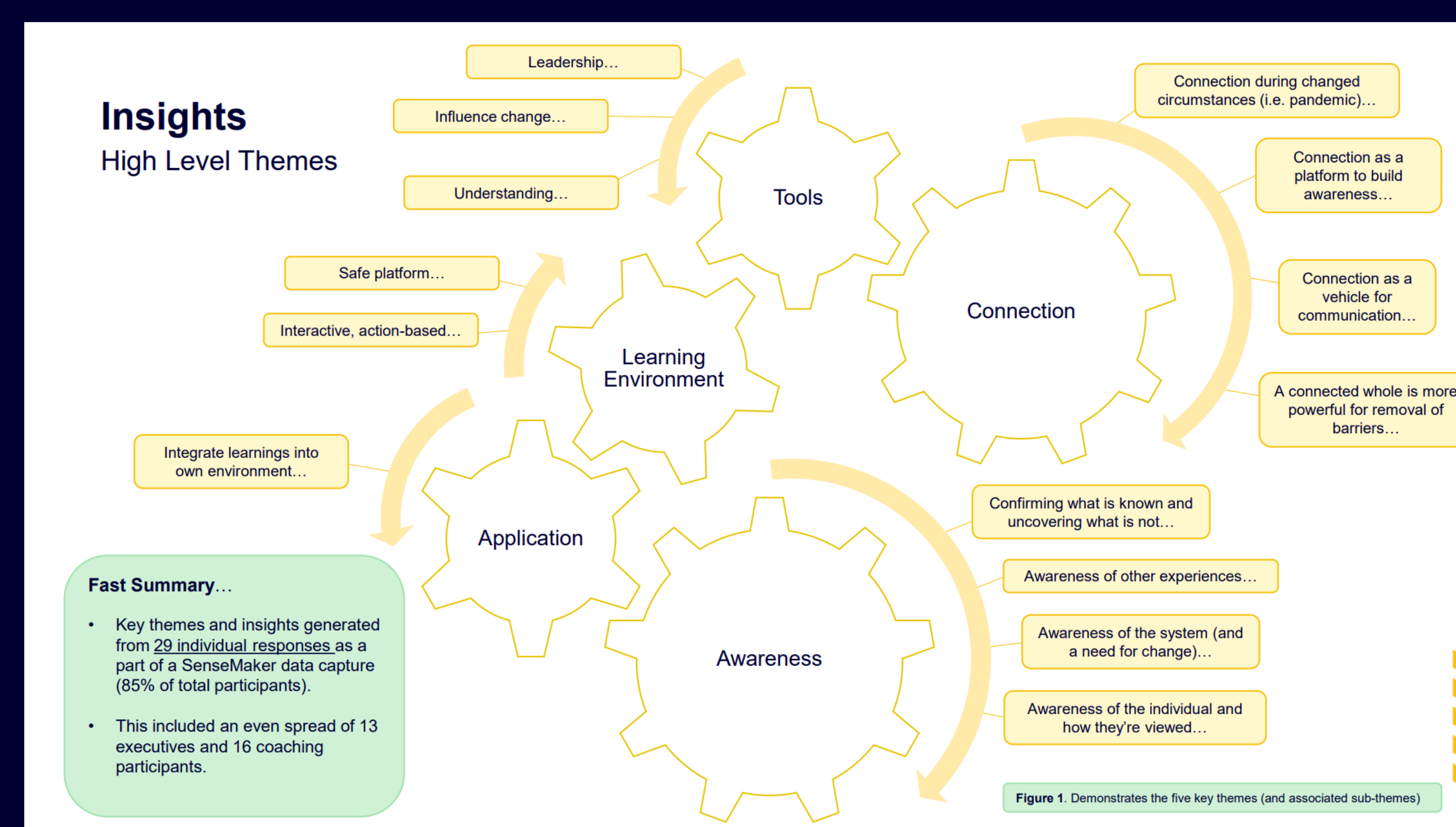
This program supports high performance female coaches to:

1. Increase awareness of your key leadership strengths and how to grow them,
2. Explore strategies to be more fully seen, heard and understood to ensure leadership effectiveness in your role,
3. Identify how to build influencing capability, drawing on your relationships and networks within this group and beyond.

"... As I step forward, the confidence and understanding of me, my relationships and the system, the Talent Program is giving me is allowing me to understand how to operate more effectively... (Coach)"



**101 Women
51 Coaches
50 Executives**



The AIS Talent Programs

The AIS Talent Programs have been purposefully designed to focus on shifting mindsets and behaviours to support transformation.

The anticipated impact on the Australian Sporting system is that women in key roles will display a greater sense of:

- Self and system awareness
- Personal identity and confidence
- Leadership presence
- Conscious connections
- Diversity as a lever for change

- Coach Talent and Executive Talent programs are run concurrently.
- Cohorts are approximately 17-18 people in each program
- The majority of modules are conducted at the AIS in Canberra
- The AIS manages the nomination and selection process