



AIS FEMALE PERFORMANCE AND HEALTH INITIATIVE INDUSTRY REFERENCE GROUP

Mission: To provide Australian female athletes with effective performance support, connected to a network of experts, and provide quality education, underpinned by world class research.

Purpose: To provide Australian female athletes with a competitive advantage through optimisation of health and wellbeing.

Key personnel

- > Dr Rachel Harris is engaged as FPHI Project Lead;
- > Dr Mark Osborne, is engaged to support specific FPHI deliverables;
- > Miranda Menaspà is the AIS Professional Networks Manager who is overseeing the initiative.

The eleven person Female Performance and Health Initiative (FPHI) Industry Reference Group (IRG) meets monthly to ensure FPHI projects and deliverables are deemed relevant and important to industry (the HP sport sector) and to provide insights regarding system needs for future FPHI proposals.



Eric Haakonssen

Senior Physiologist with the Australian Cycling Team since 2014 supporting Road, BMX Race and BMX Freestyle disciplines. Also has PhD in female athlete specific research and involved in ongoing research.



Rachel Harris

Sport and Exercise Physician who has been leading the AIS Female performance & health initiative since it began in October 2019. She is also the Chief Medical Officer for Paralympics Australia and Water Polo Australia.



Clare Minahan

Associate Professor at Griffith University, and has led the Griffith Sports Science group since 2002. Key researcher in the performance space, with a particular interest in the female athlete.



Kate Mahony

Titled Sports Physiotherapist, currently Head of Performance Health at NSWIS. Completed Churchill Fellowship in 2018 investigating best practice Sports Science and Sports Medicine of the Female athlete.

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Mark Osborne

Currently engaged as a consultant on a number of projects for the Australian Institute of Sport. Previous HP Sport involvement includes Swimming and Cycling and PhD.



Alison Campbell

Paralympic Program Manager Athletics Australia, Immediate past AIS Professional Networks Lead, and instigator of AIS FPHI being made a special project.



Mary Spillane

Senior Clinical Psychologist, and member of the AIS Mental Health Referral Network (MHRN) and also involved in well-being through her work at Victorian Cricket.



Nathan Doyle

Head Paralympic Swimming Coach at USC Spartans at the University of the Sunshine Coast. Involved with coaching female athletes and coach at the Rio Paralympics Games.



Hannah Buckling

Member of Aussie Stingers since 2011, and member of team training towards Tokyo 2020. Studying Medicine at Sydney University.



Josie Janz-Dawson

General manager of Education at the Wirrapanda Foundation, and Board member at WAIS. Played netball for West Coast Fever and proud Indigenous Australian.



Miranda Menaspa

AIS Professional Networks Manager. Specialist Sport and Exercise Physiotherapist and has worked with HP sport as a clinician at the AIS and a number of sports including rowing and water polo.