

Program Outline

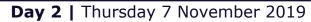


## Day 1 | Wednesday 6 November 2019

Time	Session	Speaker
From 08.30	REGISTRATION AIS Combat Centre	Sam Lane   Conference host
10.00-10.30	Welcome Charlesworth Theatrette	Peter Conde AIS CEO
10.30-11.30	<b>Keynote</b> Charlesworth Theatrette	Peter Keen   Director of Sport Advancement, Loughborough University & Former Performance Director UK Sport & British Cycling
		National high performance sport systems: where have we been, and where are we going?
11.30-12.00	Conference sprints Gold Room	Kate McLoughlin   General Manager Games Delivery & Chef de Mission 2020 Australian Paralympic Team
		Diversity & inclusion in sport: the art of independently thinking together
	Silver Room	Alex Baumann   Chief Strategist, Swimming Australia
		A systemic approach to high performance sport
	Charlesworth Theatrette	Marina Go   Chair, Super Netball League & corporate director
		How does your board's culture influence & enhance your organisation's performance?
12.00-12.30	In conversation	Peter Keen, Kate McLoughlin, Alex Baumann & Marina Go
12.30-14.00	LUNCH   AIS Combat Centre	
14.00-15.00	<b>Keynote</b> Charlesworth Theatrette	Tanya Hosch   General Manager Inclusion & Social Policy, AFL Inclusion – Words and Works
15.00-15.30	Conference sprints Gold Room	Kate Jenkins   Australian Sex Discrimination Commissioner
		Systemic barriers to inclusion
	Charlesworth Theatrette	Ian Darling AO   Documentary filmmaker & Executive Chair of Shark Island Institute
		The booing of Adam Goodes – holding a mirror to our nation
15.30-16.00	In conversation	Tanya Hosch, Ian Darling AO & Kate Jenkins
16.30-20.00	NETWORKING EVENT Special screening of "The Final	l Quarter" followed by Q&A with film director Ian Darling AO & Tanya Hosch

## World Class World BEST

## Program Outline



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From 08.00	NETWORKING & COFFEE	Sam Lane   Conference host
09.00-10.00	<b>Keynote</b> Charlesworth Theatrette	Dr Benny Lo   Hamlyn Centre for Surgery & Cancer, Imperial College London  Intelligence sensing for sport
10.00-10.30	Conference sprints Gold Room	Associate Professor Jacqueline Alderson   University of Western Australia Personalised digital human twins?
	Silver Room	Jo Miller   Senior Physiologist, AIS  Coaches and support staff – preparing to perform
	Charlesworth Theatrette	Duncan Free OAM   Director, Griffith Sports College, Griffith University  The digital athlete
10.30-11.00	In conversation	Dr Benny Lo, Duncan Free OAM & Associate Professor Jacqueline Alderson
11.00-11.30	BREAK   AIS Combat Centre	
11.30-12.30	<b>Keynote</b> Charlesworth Theatrette	Professor Frances Quirk   Director New England Institute of Healthcare Research, Medicine & Health Faculty  Connecting the Gut, Brain and Body for Health and Wellbeing in Sport
12.30-14.00	LUNCH   AIS Combat Centre	
14.00-14.30	Conference sprints Gold Room	Ben Crowe   Performance coach and professional mentor  Mindset – purpose, connection & performance
	Silver Room	Tim Archer   Head of Communications, Risk Logic Going viral: how to build resilience to handle a red hot reputational issue
	Charlesworth Theatrette	Dr Rosie Purcell   Director Research & Translation, Orygen Future of mental health in high performance sport
14.30-15.00	In conversation	Professor Frances Quirk, Ben Crowe, Dr Rosie Purcell & Tim Archer
15.00-15.30	BREAK   AIS Combat Centre	
15.30-16.30	<b>Keynote</b> Charlesworth Theatrette	Dr Andrew Cooke   Institute of Psychology for Elite Performance, Bangor University
16.30-17.00	Conference sprints Gold Room	Using your brain: the benefits of "brain training" for sport and health  Chris Jensen Burke   High altitude mountaineer & lawyer  A mountain mindset
	Silver Room	Dr Ruth Anderson   Performance Psychologist, Australian Cycling Creating a winning mindset
	Charlesworth Theatrette	Dr Rosie Stanimirovic   Manager Gold Medal Ready Program, AIS  Prioritising mindset and mental preparation in competition
17.00-17.30	In conversation	Dr Andrew Cooke, Dr Rosie Stanimirovic, Dr Ruth Anderson & Chris Jensen Burke
17.30-19.30	NETWORKING DRINKS	





Program Outline



## Day 3 | Friday 8 November 2019

Time	Session	Speaker
From 08.00	NETWORKING & COFFEE AIS Combat Centre	Sam Lane   Conference host
09.00-10.00	<b>Keynote</b> Charlesworth Theatrette	Noeline Taurua   Head Coach, New Zealand Netball The art of high performance coaching
10.00-10.30	Conference sprints Gold Room	Adrian Hinchcliffe   National Coach, Diving Australia Bringing your plan to life
	Silver Room	Peta Searle   Senior Coach, St Kilda AFLW Changing the game from within
	Charlesworth Theatrette	Cameron Jennings & Keren Faulkner   Para Cycling National Coach & Head of Performance Solutions, Australian Cycling Team  What is takes to win planning
10.30-11.00	In conversation	Noeline Taurua, Adrian Hinchliffe, Peta Searle, Cameron Jennings, Keren Faulkner
11.00-11.30	BREAK   AIS Combat Centre	
11.30-12.30	<b>Keynote</b> Charlesworth Theatrette	Peggy O'Neal OAM & Brendon Gale   President & CEO Richmond Football Club  The spine of modern leadership
12.30-12.45	Closing remarks Charlesworth Theatrette	Peter Conde AIS CEO
	CONFERENCE CLOSE & LUN AIS Combat Centre	СН

