

### Day 1 | Wednesday 6 November 2019

Time	Session	Speaker
From 08.30	<b>REGISTRATION</b> AIS Combat Centre	<b>Sam Lane   Conference host</b>
10.00-10.30	<b>Welcome</b> Charlesworth Theatre	<b>Peter Conde</b> <i>AIS CEO</i>
10.30-11.30	<b>Keynote</b> Charlesworth Theatre	<b>Peter Keen   Director of Sport Advancement, Loughborough University &amp; Former Performance Director UK Sport &amp; British Cycling</b> <i>National high performance sport systems: where have we been, and where are we going?</i>
11.30-12.00	<b>Conference sprints</b> Gold Room	<b>Kate McLoughlin   General Manager Games Delivery &amp; Chef de Mission 2020 Australian Paralympic Team</b> <i>Diversity &amp; inclusion in sport: the art of independently thinking together</i>
	Silver Room	<b>Alex Baumann   Chief Strategist, Swimming Australia</b> <i>A systemic approach to high performance sport</i>
	Charlesworth Theatre	<b>Marina Go   Chair, Super Netball League &amp; corporate director</b> <i>How does your board's culture influence &amp; enhance your organisation's performance?</i>
12.00-12.30	<b>In conversation</b>	<b>Peter Keen, Kate McLoughlin, Alex Baumann &amp; Marina Go</b>
12.30-14.00	<b>LUNCH</b>   AIS Combat Centre	
14.00-15.00	<b>Keynote</b> Charlesworth Theatre	<b>Tanya Hosch   General Manager Inclusion &amp; Social Policy, AFL</b> <i>Inclusion - Words and Works</i>
15.00-15.30	<b>Conference sprints</b> Gold Room	<b>Kate Jenkins   Australian Sex Discrimination Commissioner</b> <i>Systemic barriers to inclusion</i>
	Charlesworth Theatre	<b>Ian Darling AO   Documentary filmmaker &amp; Executive Chair of Shark Island Institute</b> <i>The booping of Adam Goodes - holding a mirror to our nation</i>
15.30-16.00	<b>In conversation</b>	<b>Tanya Hosch, Ian Darling AO &amp; Kate Jenkins</b>
16.30-20.00	<b>NETWORKING EVENT</b> <i>Special screening of "The Final Quarter" followed by Q&amp;A with film director Ian Darling AO &amp; Tanya Hosch</i>	

## Program Outline

### Day 2 | Thursday 7 November 2019

Time	Session	Speaker
From 08.00	<b>NETWORKING &amp; COFFEE</b>	<b>Sam Lane   Conference host</b>
<b>09.00-10.00</b>	<b>Keynote</b> Charlesworth Theatre	<b>Dr Benny Lo   Hamlyn Centre for Surgery &amp; Cancer, Imperial College London</b> <i>Intelligence sensing for sport</i>
<b>10.00-10.30</b>	<b>Conference sprints</b> Gold Room	<b>Associate Professor Jacqueline Alderson   University of Western Australia</b> <i>Personalised digital human twins?</i>
	Silver Room	<b>Jo Miller   Senior Physiologist, AIS</b> <i>Coaches and support staff – preparing to perform</i>
	Charlesworth Theatre	<b>Duncan Free OAM   Director, Griffith Sports College, Griffith University</b> <i>The digital athlete</i>
<b>10.30-11.00</b>	<b>In conversation</b>	<b>Dr Benny Lo, Duncan Free OAM &amp; Associate Professor Jacqueline Alderson</b>
<b>11.00-11.30</b>	<b>BREAK   AIS Combat Centre</b>	
<b>11.30-12.30</b>	<b>Keynote</b> Charlesworth Theatre	<b>Professor Frances Quirk   Director New England Institute of Healthcare Research, Medicine &amp; Health Faculty</b> <i>Connecting the Gut, Brain and Body for Health and Wellbeing in Sport</i>
<b>12.30-14.00</b>	<b>LUNCH   AIS Combat Centre</b>	
<b>14.00-14.30</b>	<b>Conference sprints</b> Gold Room	<b>Ben Crowe   Performance coach and professional mentor</b> <i>Mindset – purpose, connection &amp; performance</i>
	Silver Room	<b>Tim Archer   Head of Communications, Risk Logic</b> <i>Going viral: how to build resilience to handle a red hot reputational issue</i>
	Charlesworth Theatre	<b>Dr Rosie Purcell   Director Research &amp; Translation, Orygen</b> <i>Future of mental health in high performance sport</i>
<b>14.30-15.00</b>	<b>In conversation</b>	<b>Professor Frances Quirk, Ben Crowe, Dr Rosie Purcell &amp; Tim Archer</b>
<b>15.00-15.30</b>	<b>BREAK   AIS Combat Centre</b>	
<b>15.30-16.30</b>	<b>Keynote</b> Charlesworth Theatre	<b>Dr Andrew Cooke   Institute of Psychology for Elite Performance, Bangor University</b> <i>Using your brain: the benefits of "brain training" for sport and health</i>
<b>16.30-17.00</b>	<b>Conference sprints</b> Gold Room	<b>Chris Jensen Burke   High altitude mountaineer &amp; lawyer</b> <i>A mountain mindset</i>
	Silver Room	<b>Dr Ruth Anderson   Performance Psychologist, Australian Cycling</b> <i>Creating a winning mindset</i>
	Charlesworth Theatre	<b>Dr Rosie Stanimirovic   Manager Gold Medal Ready Program, AIS</b> <i>Prioritising mindset and mental preparation in competition</i>
<b>17.00-17.30</b>	<b>In conversation</b>	<b>Dr Andrew Cooke, Dr Rosie Stanimirovic, Dr Ruth Anderson &amp; Chris Jensen Burke</b>
<b>17.30-19.30</b>	<b>NETWORKING DRINKS</b>	

### Day 3 | Friday 8 November 2019

Time	Session	Speaker
From 08.00	<b>NETWORKING &amp; COFFEE</b> AIS Combat Centre	<b>Sam Lane   Conference host</b>
09.00-10.00	<b>Keynote</b> Charlesworth Theatre	<b>Noeline Taurua   Head Coach, New Zealand Netball</b> <i>The art of high performance coaching</i>
10.00-10.30	<b>Conference sprints</b> Gold Room	<b>Adrian Hinchcliffe   National Coach, Diving Australia</b> <i>Bringing your plan to life</i>
	Silver Room	<b>Peta Searle   Senior Coach, St Kilda AFLW</b> <i>Changing the game from within</i>
	Charlesworth Theatre	<b>Cameron Jennings &amp; Keren Faulkner   Para Cycling National Coach &amp; Head of Performance Solutions, Australian Cycling Team</b> <i>What it takes to win planning</i>
10.30-11.00	<b>In conversation</b>	<b>Noeline Taurua, Adrian Hinchcliffe, Peta Searle, Cameron Jennings, Keren Faulkner</b>
11.00-11.30	<b>BREAK</b>   AIS Combat Centre	
11.30-12.30	<b>Keynote</b> Charlesworth Theatre	<b>Peggy O'Neal OAM &amp; Brendon Gale   President &amp; CEO Richmond Football Club</b> <i>The spine of modern leadership</i>
12.30-12.45	<b>Closing remarks</b> Charlesworth Theatre	<b>Peter Conde</b> AIS CEO
	<b>CONFERENCE CLOSE &amp; LUNCH</b> AIS Combat Centre	