

# AIS café

## ALL DAY BREAKFAST

<b>Bacon &amp; Egg Roll</b>	10.00
Egg, bacon and your choice of sauce.	
+ Hashbrown	2.00
+ Sausage	2.00
+ Avocado	2.00
+ Cheese	2.00

## WRAPS, SANDWICHES & ROLLS

<b>Assorted Wraps</b>	10.00
See today's display	
<b>Assorted Sandwiches</b>	7.50
See today's display	
<b>Sweet Potato Chips</b>	6.50
<b>Beer Battered Chips</b>	6.50
<b>Sausage Roll</b>	6.50
<b>Gourmet Pie Selection</b>	6.80

## LIGHT BREAKFAST

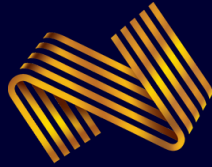
<b>Croissants</b>	7.00
Ham and cheese or cheese and tomato	
<b>Greek Yoghurt</b>	6.50
Topped with fruits and muesli	
<b>Fresh Fruit Salad</b>	6.50
<b>Banana Bread</b>	6.00
Served with butter, fresh or toasted	
<b>Daily Muffins</b>	4.50
Baked in house, see display	

## BIG TOASTIES

<b>Sprinters Toastie</b>	17.00
Mozzarella, tomato, rocket, balsamic vinegar, on sourdough bread served with a side of chips (v)	
<b>Hikers Toastie</b>	17.00
Grilled mushroom, provolone dolce cheese, butter, on sourdough bread served with a side of chips (v)	
<b>Gymnasts Toastie</b>	17.00
Turkey sliced, provolone dolce cheese, rocket, tomato, cranberry sauce, on sourdough bread served with a side of chips	

## HOT LUNCHES

<b>Karateka Taco</b>	17.50
Pulled pork, tomato, avocado, parsley, lemon, sour cream on tortilla wrap + side of chips	
<b>Powerlift Burger</b>	18.50
Beef patty, bacon, tasty cheese, pickle, onion, beetroot, tomato, mesclun lettuce, aioli on a milk bun + side of chips	
<b>Socceroos Burger</b>	18.00
Southern chicken, pickles, cheese, coleslaw, chipotle mayonnaise, onion on a milk bun + side of chips	



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## HOT BEVERAGES

### Coffees, Choc, Chai Latte

Small (dine in or takeaway)	4.50
Large (dine in or takeaway)	4.80

<b>Babycino</b>	1.00
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### T2 Teas

English Breakfast, Earl Grey, Chai, Sencha Green, Jasmine, Lemongrass and Ginger, Peppermint, Chamomile	4.50
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### Extras

Soy, Almond or Lactose Free	1.00
Syrups: Vanilla, Caramel, Hazelnut	1.00
Extra Espresso Shot	1.00

## COLD BEVERAGES

<b>Fruit Smoothies</b>	7.50
Banana, Mango, Mixed Berry	

<b>Milkshakes</b>	7.00
Chocolate, Strawberry, Caramel, Vanilla, Banana	

<b>Extras</b>	
Extra Ice-Cream	0.50

<b>From The Fridge</b>	
Powerade Variety (600 ml)	5.50
Barista Bros Ice Coffee (500 ml)	5.50
The Juice Farm (250 ml)	4.80
Coca-Cola Variety (600 ml)	4.80
Mt Franklin Still Water (450 ml)	4.80
Peat's Ridge Spring Water (600 ml)	4.50

## EVENT CATERING AVAILABLE ON REQUEST

For more information please contact  
(02) 6214 3565 or 0466 796 711  
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