The AIS Sports Science Sports Medicine (SSSM) Practitioner Minimum Standards represent the mandatory minimum standards for SSSM staff and contractors engaged to deliver services in these disciplines of practice by National Sporting Organisations (NSOs) that are subject to the AIS SSSM Best Practice Principles via their Sport Investment Agreement.

These standards will also guide the minimum SSSM personnel requirements of the National Institute Network (NIN).

The AIS SSSM Practitioner Minimum Standards;

- Have been developed in line with the AIS’s strategic priority of "leading and enabling a united and collaborative High Performance system that supports Australian athletes to achieve podium success."

- Provide a foundation for NSOs and the NIN to ensure the highest quality SSSM services for the high performance system. This is in response to the Australian Government’s Senate Inquiry into “The Practice of Sports Science in Australia” and the subsequent adoption of national accreditation schemes for sport scientists and strength and conditioning coaches (announced in December 2017 and required by 1 January 2019).

- Represent the minimum standards for SSSM practitioner qualifications and accreditations, NSOs and the NIN are encouraged to establish personnel standards over and above these. Additional personnel considerations such as practitioner experience and professional development are not within the current scope of the standards.

- Form part of the AIS SSSM Best Practice Principles, which are part of Sport Australia’s Mandatory Governance Principles. Further principles and requirements relating to staff integrity and capability are outlined in the AIS SSSM Best Practice Principles which should be read with the AIS SSSM Practitioner Minimum Standards for full context. The AIS SSSM Best Practice Principles are available on the Sport Australia website.

Please note, NSOs should ensure due process is followed when using international practitioners to provide services outside of Australia, to ensure practitioners of an equivalent standard are engaged.
**STANDARDS**

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<tr>
<th>Physiology/Recovery</th>
<th>Biomechanics</th>
<th>Strength &amp; Conditioning</th>
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<tbody>
<tr>
<td><strong>Professional Qualifications</strong>&lt;br&gt;Bachelor’s degree in Exercise, Sports or Movement Science</td>
<td><strong>Professional Qualifications</strong>&lt;br&gt;Bachelor’s degree in Exercise, Sports or Movement Science, Sports Engineering or an allied field</td>
<td><strong>Professional Qualifications</strong>&lt;br&gt;Bachelor’s degree in Exercise, Sport or Movement Science or equivalent</td>
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<tr>
<td><strong>Professional Accreditations</strong>&lt;br&gt;ESSA Accredited Sports Scientist (ASpS) Level 1&lt;br&gt;Current ISAK accreditation or NSSQA Anthropometry Endorsement if conducting skinfold testing</td>
<td><strong>Professional Accreditations</strong>&lt;br&gt;ESSA Accredited Sports Scientist (ASpS) Level 1</td>
<td><strong>Professional Accreditations</strong>&lt;br&gt;ASCA PCAS Professional Coach (or higher)&lt;br&gt;Current ISAK accreditation if conducting skinfold testing</td>
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<tr>
<th>Performance Analysis</th>
<th>Skill Acquisition</th>
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<tr>
<td><strong>Professional Qualifications</strong>&lt;br&gt;Bachelor’s degree in Sports Science, Human Movement, Economics, Data Science/Analytics or an allied field</td>
<td><strong>Professional Qualifications</strong>&lt;br&gt;Bachelor’s degree in Sports Science, Human Movement, Sports Psychology or an allied field</td>
</tr>
<tr>
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NUTRITION

Professional Qualifications
Bachelor’s degree in Nutrition and Dietetics from a DAA accredited course;
or
Bachelor’s degree in Science or an allied field, followed by a postgraduate degree in Nutrition and Dietetics from a DAA accredited course;
or
DSR Dietetics examination for overseas trained Dietitians, administered by DAA
plus
Sports Dietitians Australia 4-day Sports Nutrition Course

Professional Accreditations
Accredited Practicing Dietitian (DAA)
Accredited Sports Dietitian (SDA)
Current ISAK accreditation if conducting skinfold testing

PSYCHOLOGY

Professional Qualifications
Tertiary qualifications and supervised training as specified by the Psychology Board of Australia to meet their General Registration Standard

Professional Accreditations
AHPRA Registration as a Psychologist

PHYSIOTHERAPY

Professional Qualifications
Bachelor of Physiotherapy

Professional Accreditations
AHPRA Registration as a Physiotherapist

MEDICINE

Professional Qualifications
Bachelor of Medicine, Surgery (MBBS) or equivalent

Professional Accreditations
AHPRA Registration as a Medical Practitioner

SOFT TISSUE THERAPY

Professional Qualifications
Diploma of Remedial Massage

Professional Accreditations
Massage & Myotherapy Australia (MMA)
or
Association of Massage Therapists (AMT)
or
Myotherapy Association Australia (MA)
or
Australian Natural Therapies Association (ANTA)
In addition to the role specific minimum standards, all SSSM staff and contractors must meet the following requirements before practicing.

<table>
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<tr>
<th>Requirement</th>
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</table>
| **First Aid/CPR**                | Current First Aid and CPR accreditation from recognised Australian authority (with the exemption of Psychology and Nutrition practitioners that do not travel with athletes)  
  *Note: First Aid/CPR are a requirement for professional accreditation in certain disciplines* |
| **Anti-doping Education**        | Complete Sport Integrity Australia's Level 1 and Level 2 Anti-Doping courses  
  [elearning.sportintegrity.gov.au](http://elearning.sportintegrity.gov.au)  
  Level 2 course to be completed annually |
| **Working with Children and Vulnerable People Check** | Required  
  Criminal history record checks — as required, consistent with the jurisdiction and organisation’s policies |
| **Anti-gambling/Match Fixing Requirements** | Complete Sport Integrity Australia's Introduction to Match Fixing course  
  [elearning.sportintegrity.gov.au](http://elearning.sportintegrity.gov.au) |
| **Insurance**                    | Covered by an appropriate level of current Public & Products Liability Insurance as well as Professional Indemnity Insurance |
| **Reference Check**              | Qualifications and experience validated. Previous and/or current employer contacted about the suitability of contractor of working with young and vulnerable athletes and any integrity issues that would impact the organisation |