



UNIVERSITY OF  
CANBERRA

MASTER OF  
APPLIED CLINICAL  
EPIDEMIOLOGY  
SPORT



A world-first degree providing health professionals with the skills and insights to optimise elite human health and performance.

IN PARTNERSHIP WITH



AIS

# TAKE THE LEAD

## in enhancing the performance of athletes or high performance personnel

The Master of Applied Clinical Epidemiology (Sport) is a joint initiative from the University of Canberra and Australian Institute of Sport (AIS). This unique, world-first degree is specifically designed for professionals who manage the health and performance of elite athletes, Defence or emergency personnel or similar professions.

With a strong focus on applying research evidence to clinical practice, graduates will understand the principles of performance health management whilst gaining skills and experience in the development of injury or illness prevention programs that incorporate clinical epidemiological frameworks to ensure elite athletes and personnel requiring physical fitness consistently perform at their very best.

You'll graduate ready to step-up in your career as a performance health management specialist within Australia and internationally.

## Course Highlights

### World-first Degree

Stand out from the crowd — this highly specialist degree is the first of its kind in the world.

### Co-designed by Industry Leaders

Access specialised content developed by industry partners including the AIS and world-leading practitioners in health implementation program development.

### Flexible Study Options

Our advanced online learning system gives you the flexibility to study anytime. Choose between full-time and part-time study patterns.

### Exceptional Learning Experience

University of Canberra's postgraduate Health Services and Support study area is ranked #1 nationally for student satisfaction and teaching quality.\*

## Program Structure

### Core Units

- Research Planning
- Quantitative Research Practice in Health
- Research Project in Health (1)
- Research Project in Health (2)
- Epidemiology and Principles of Research
- Performance Health A
- Performance Health B
- Performance Health C
- Performance Health D

### Elective Units

Students have the choice of two elective units from the following:

- Risk Communication
- Qualitative Research Practice in Health
- High Performance Athlete Management
- Performance Integrity
- Education and Learning in Clinical Contexts
- Leadership and Management in Healthcare
- Communicable Disease Control
- Health Promotion Principles and Practice
- Principles and Practice of Interdisciplinary Public Health
- Healthy and Sustainable Places

### Applied Project

As part of the degree, you'll be required to undertake a project in your workplace across the study period to ensure immediate translation to your work environment

### Capstone Intensive

At the completion of all subjects, a final speciality intensive will bring all components of learning together. Intensive units will be delivered over a one-week period at the AIS.



\*QILT 2018

## Typical Study Pattern

The below study pattern is based on a full-time study pathway with a Semester 2 commencement. Semester 1 commencement and part-time study options are also available.

YEAR	SEMESTER ONE	SEMESTER TWO
ONE		<ul style="list-style-type: none"><li>• Performance Health A (Fundamentals of Performance Health)</li><li>• Research Planning (Research Project – Preparation)</li><li>• Epidemiology and Principles of Research</li></ul>
TWO	<ul style="list-style-type: none"><li>• Performance Health B (Designing Effective Interventions)</li><li>• Research Project (Implementation)</li><li>• Quantitative Research Practice in Health</li></ul>	<ul style="list-style-type: none"><li>• Performance Health C (Implementing for Real-World Change)</li><li>• Research Project (Data Analysis)</li><li>• Elective One</li></ul>
THREE	<ul style="list-style-type: none"><li>• Performance Health D (Capstone – Leadership in Performance Health)</li><li>• Research Project (Writing Up)</li><li>• Elective two</li></ul>	

## Alternative Exit Awards

You may exit this course early with a graduate certificate or graduate diploma depending on units completed. For further information, please contact the course convenor.

## Graduate Certificate in Applied Clinical Epidemiology

Must achieve 12 credit points from any of the following units:

- Performance Health A PG (11496)
- Performance Health B PG (11499)
- Performance Health C PG (11502)
- Research Planning PG (6486)
- Epidemiology and Principles of Research PG (9594)
- Quantitative Research Practice in Health PG (9585)

## Graduate Diploma in Applied Clinical Epidemiology

Must achieve 24 credit points from units listed under the Graduate Certificate exit award and from any of the following additional units:

- Performance Health D PG (11503)
- Restricted Choice unit (3cp)
- Restricted Choice unit (3cp)

## Key Information

COURSE CODE	DURATION	COST
HLM201	2 years (Full-time)	\$19,000*

\*per annum

## Potential Careers

On completion of your degree, you'll have the necessary qualifications to pursue a more fulfilling career in the health sector, including:

- Sports Science / Sports Medicine Manager
- Athlete Wellbeing and Engagement Manager
- Head of Performance Health
- Head Physiotherapist
- Head Medical Officer
- Health Commander

## Entry Requirements

- **Education**  
Must hold a bachelor's degree in a health-related discipline e.g. Medicine, Physiotherapy, Nursing, Clinical Exercise Physiology or Sport and Exercise Science.
- **Work Experience**  
Open to health professionals currently working in high performance environments e.g. National or State-based Sporting organisations, National Institute Network, Defence or emergency personnel, or equivalent, with 3 or more years of experience.
- **Letter of Recommendation**  
You must submit a letter of support from a representative of your workplace, indicating your role and the potential for the course to be applied within the workplace.

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[www.canberra.edu.au/apply-now](http://www.canberra.edu.au/apply-now)

