



# INDUSTRY REFERENCE GROUP

The AIS Female Performance & Health Initiative (FPHI) is seeking expressions of interest from athletes, coaches and any other role holders across the Australian high performance (HP) sport system, to become members of the AIS FPHI Industry Reference Group (IRG). The aim of the IRG is to ensure that FPHI resources are relevant to the Australian high performance (HP) sport system and are prioritised according to system need.

## Background

In October 2019, the AIS established the AIS Female Performance & Health Initiative to address an area of need in the Australian HP sport system. The FPHI aims to benefit Australian athletes, coaches, clinicians and support networks through:

- <u>Engagement & Leadership</u> creating a united and collaborative system supporting Australian female athletes, establishing and maintaining effective relationships within and external to the Australian HP sport system.
- <u>Education & Resource Development</u> developing and delivering evidence-based educational and applied resources for the Australian sporting system.
- <u>Best Practice & Research</u> supporting and encouraging best practice athlete support systems, facilitating and coordinating a national FPHI research agenda.

### **Industry Reference Group Responsibilities**

The IRG will meet virtually every quarter, and ad hoc as required, with the AIS FPHI Project Lead, Dr Rachel Harris. Duration of meetings would generally be 60 minutes (maximum of 1.5 hours).

IRG members will ideally:

- Have current experience as an athlete, coach or other role holder in the Australian HP sport system
- Have experience in or an understanding of the Olympic/Paralympic/Commonwealth Games
  HP system in Australia
- Have an interest in female athlete health and performance considerations
- Have the ability to engage in IRG meetings every quarter via Teams, and ad hoc if required

IRG members will ideally come from a diverse range of backgrounds and personal experiences, representative of the wider Australian HP sport community.

Membership of the IRG is on a voluntary basis. Term of membership of the IRG will be for a period of one year, commencing March 1 2022 and expiring March 1 2023, at which point further expressions of interest will be called for.

#### To express your interest:

Please email <u>Dr Rachel Harris</u>, FPHI Project Lead, with a brief EOI, including brief summary your sporting background, current role, and reasons that you are interested in being involved.

## EOI close on Jan 14<sup>th</sup> 2022

The successful members of the IRG will be notified by January 28 2022 and first meeting will be held in March 2022.